## Tai Chi/Wu Shu Seminars

## Featuring Joshua Grant

Former member of: US National Wu Shu Team US National Wu Shu Pan Am Team US National Tai Chi Team Owner of Boston Kung Fu Tai Chi Licensed Acupuncturist and Herbalist

## <image>

## Joshua Grant will be teaching:

- <u>Tai Chi</u>: Tai Chi Cane form/Tai Chi theory & philosophy
- Wu Shu: Movement & Fundamentals



<u>Thursday, November 2, 2017</u> Daytime private lessons available Tai Chi 6:30-7:30pm Wu Shu 7:30-8:30pm <u>Friday, November 3, 2017</u> Daytime private lessons available Tai Chi 6:30-7:30pm Wu Shu 7:30-8:30pm <u>Saturday, November 4, 2017</u> Tai Chi 9:30-10:30am Wu Shu 10:30-11:30am



\$95 for either the Tai Chi or Wu Shu seminars \$145 for both Tai Chi and Wu Shu seminars Private lessons - \$75 per ½ hour session Acupuncture - \$75 per treatment

(Call 881-4866 to schedule an appointment)



Joshua Grant @Joshua-Grant-6



All seminars and private lessons will be held at the Mt. Pleasant Studio. All students are welcome and encouraged to participate.

Venmo/Cash/Check Checks to: Boston Kung Fu Tai Chi.