

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|--|---|---|
| Private Lessons 12:00-4:00 |  | Open Adults 12:00-1:00 |  | Private Lesson 12:00 | Private Lesson 9:30-10:00 | Closed All Day Sunday |
| Orange-Brown Belt Children 4:30-5:30 | Adult Tai Chi 12:30-1:30 | Private Lessons 1:30-3:45 | Private Lessons 2:00-4:15 | Adult Open Group 12:30-1:30 | Adult Tai Chi 9:15-10:15 | Tell A Friend What the Martial Arts has done for you! |
| White-Yellow Belt Children 5:30-6:30 | Private Lessons 1:45-3:15 | White-Yellow Belt Children 4:30-5:30 | Blue-Brown Belt Children 5:00-6:00 | Private Lessons 4:00-4:30 | White Belt Children 10:15-11:15 | You will thank Yourself tomorrow for all the work you do today!! |
| Lil' Dragons 6:30-7:15 | Lil' Dragons 4:00-4:45 | Orange-Purple Belt Children 5:30-6:30 | Brown-Black Belt Adult 6:00-7:15 | Open Children 5:00-6:00 | Kids Sparring (yellow-brown) 11:15-12:15 | Ask about Private Lessons that can help your advancement |
| Tai Chi 6:00-7:00 | Private Lessons 5:00 | Adult Conditioning 6:00-7:00 | White-Green Belt Adult 7:00-8:00 |  | Kids Kung Fu 12:30-1:30 | Join us at The Shaolin Kempo Classic Tournament |
| Adult Kung Fu 7:00-8:00 | Open Adults 6:00-7:00 | Private Lesson 6:30 |  | White-Brown Belt Adults 6:15-7:15 | Adult Kung-Fu 1:30-2:30 | Watch for Masters Seminars w/ guest instructors |
|  | Adult Sparring & Conditioning 7:00- 7:30 |  | Invest in your Future... Invest in Yourself!! |  | 少林功夫 |  |

WEST ASHLEY SCHEDULE

766-4376

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