

Kung Fu Tai Chi Retreat 2022

Santee State Park



Joshua Grant

Joshua Grant will be teaching:

- Qigong
- Tai Ji movement theory
- Rooting and applications
- Push Hands
- Mantis movement, combinations, and applications

Retreat Cost:

\$325 per person

Family discount - \$25 off each family member

Retreat cost includes lodging and all seminars.
Meals are not included.

Friday April 22nd
6:00 PM - 7:15 PM

Saturday April 23rd
9:30 AM - 11:00 AM

2:30 PM - 4:00 PM

7:30 PM Pot Luck Dinner

Sunday April 24th
Time to be announced



Private Lessons and Acupuncture Sessions
Discounted for Santee

Private Lessons - \$75 per half hour (\$50 pp shared)
\$125 per hour (\$75 pp shared)
Acupuncture - \$75 per session

SPACE IS LIMITED - SIGN UP EARLY & GUARANTEE YOUR SPOT